Food Sensitivities? Think Mediator Release, *Not* Antibodies

No Other Blood Test Accounts for Mediator Release Better than the Patented Mediator Release Test®





- **Fact:** Food & food-chemical sensitivities are an important source of inflammation and symptoms in many chronic inflammatory conditions.
- **Fact:** The cytokines, leukotrienes, and other proinflammatory and proalgesic mediators, released from leukocytes in response to dietary antigens are the direct cause of inflammation and symptoms in sensitivity reactions.
- Fact: Sensitivities can involve multiple mediator-releasing pathways, and the most common pathway doesn't involve any antibodies.
- **Fact:** Unless all reactive foods and food-chemicals are identified and eliminated from the diet, optimal outcomes cannot be achieved.
- Fact: MRT® accounts for the most mediator-releasing pathways and has the highest clinical utility of any food sensitivity blood test.

Why is MRT® the Best Blood Test for Food Sensitivities?

MRT is the best food sensitivity blood test because it gives the most complete picture of the actual inflammation-generating and symptom-provoking reactions taking place inside your patient's body. This means MRT predicted diets will produce better clinical results as compared to ELISA IgG, ALCAT or any other blood test.

Food sensitivity reactions are complex, involving multiple mediator-releasing pathways and a wide range of mediator releasing leukocytes. They also have a dose dependent feature that can result in either low-level subclinical inflammation, or a symptom-provoking inflammatory response. Single pathway tests such as ELISA IgG only account for one potential mechanism, which is involved in less than half of all food sensitivity reactions. In addition, IgG cannot identify meaningful reactions to food-chemicals. Other testing options are also limited in the scope of pathways they can identify and none offer any insight into subclinical inflammation.

MRT provides the most complete picture of clinical and subclinical reactivity that you can get. This provides what practitioners and patients want most -- testing that leads to the best clinical results.

